



**Hello!** I have printed this form off The One Show's website as I am a neighbour who is looking out for other neighbours in these challenging times.

If you would like to, please cut out the above coloured cards &

**PLACE THE GREEN CARD IN YOUR FRONT WINDOW IF YOU ARE OK.**

**IF YOU ARE NOT OK, for any reason, please, REPLACE IT WITH THE RED CARD**  
so that fellow neighbours know your require assistance.

***It's important to remain safe and the advice from police is:***

If someone you don't know calls at your home, always ask for ID and always ensure you are comfortable sharing details like your phone number. **DO NOT** share financial details like credit/debit card number or personal information and do not pay any cash upfront.

**IF YOU HAVE DOUBTS** about those who are approaching you, and are concerned, don't feel pressurised, don't engage, and report serious suspicious behaviour to the police.